

Bishop Gore Partnership Cluster



Relationships and Sexuality Education

Information leaflet for parents and carers

Our Vision.

We are committed to providing a high quality education and a curriculum which equips our pupils with the skills to thrive in today's society.

Our priorities are safety, healthiness and happiness.



RSE is a statutory requirement in the Curriculum for Wales framework and is mandatory for all learners from ages 3 to 16.

The RSE Code sets out each strand of teaching and learning in three broad developmental phases.

The mandatory RSE Code supports schools to design their own RSE. These strands allow practitioners to design and develop a curriculum, which is developmentally appropriate for specific learners. Pupils will be involved in designing the curriculum so that it addresses their needs and the issues that they identify.

Relationships and Sexuality Education will be introduced to the pupils through:

- Circle time activities
- Story books
- Curriculum subjects
- Personal and Social Education programmes
- Partner organisations
- Informally as opportunities, arise in the classroom.

Topics will cover:

- Relationships, identity and rights of the individual.
- Reproduction, the human body, health issues and well being.
- Learners rights to safety and freedom from discrimination.
- How and where to seek help, information and support.

The school website provides more information. There will be an opportunity to raise any questions that you might have in the questionnaire attached and in upcoming information sharing workshops.

Article 28: You have the right to a good quality education

Article 15: You have the right to choose your own friends and join or set up groups, as long as it isn't harmful to others.

Article 17: You have the right to get information that is important to your well-being.

Learning Outcomes for Phase 1: From age of 3.

- Have the ability to act with kindness and a respect for others.
- Have an awareness of the diversity of families.
- Use accurate terminology for body parts.
- An awareness of life cycles and reproduction.
- An awareness of self-care and hygiene.

Learning Outcomes for Phase 2: From age 7.

- Have the ability to form and maintain relationships, which are equitable, respectful and kind.
- To understand how to be a good friend and advocate for others.
- Recognise the characteristics of different families.
- Value and recognise the importance of gender equality.
- Have an understanding fertility and the processes of reproduction.
- Have the knowledge and skills needed to manage personal self-care and hygiene.
- Have an understanding of the right for everyone to be free from harm.
- Have an awareness of the benefits and dangers of the internet and social media in forming friendships online.

Learning Outcomes for Phase 3: From age 11.

- Have an understanding of the the positive and negative characteristics of a range of relationships.
- To recognise the importance of equity, and mutual respect.
- Have an understanding about the diversity of relationships.
- Understand and respect all people in relation to sex, gender and sexuality.
- To understand fertility, sexual function and menstrual health and how to find information and support when needed.
- To understand how hormones affect emotional and physical health.
- Critically engage with positive and negative representations of a diversity of bodies.
- Understand the importance of inclusivity.
- Developing a sense of individual and social responsibility to others.
- Recognising harmful, behaviour in personal relationships.
- Understand how to advocate for safe environments and the rights and understanding of everyone on a range of RSE issues.